

1 Mishiodono Jinja

At the end of the approach to this Jinja, you will see its main sanctuary on the left and a salt-production facility called "Mishiodono" ahead. Near the beach behind the Jinja, there are also facilities for boiling and storing salt water called "Mishioyakisho" and "Mishioyumire-sho." Mishiodono Jinja has actually been the place where sacred salt to dedicate to Ise Jingu has been produced for more than 2,000 years in a traditional style.



2 Hinjitsukan (Designated as a National Important Cultural Property)

Hinjitsukan was originally built in 1887 as a rest house for pilgrims to Ise Grand Shrine (Ise Jingu) and used by many of the Japanese Imperial Family members and a lot of important people from different industries as well during their stay in this area. It is no longer a rest house, but is open to the public as a museum today. As shown in the photograph, its great hall with a floor area of 120 tatami mats is a must-see.



3 Meoto-iwa

With no doubt, Meoto-iwa (literally, the "Wedded Rocks") have been a symbol of Futami. In the sea about 700 meters off the shore, there is a sacred stone called "Okutama-shinseki" that has been worshiped as a sacred object related to the Shinto deity named "Sarutahiko." These rocks play the role of a torii (shrine gate) through which visitors can pray to the stone in the sea as well as the rising sun.



4 Futami Okitama Jinja

The Shinto deity named "Sarutahiko" has been enshrined at this Shinto shrine. It is famous as a sacred spot to bring people good fortune, especially when they are looking for someone to marry and share their lives with as well as when they wish for better traffic safety. On the grounds of the shrine, you will see a lot of frog statues that have been dedicated by visitors to the shrine: traditionally, frogs have been regarded as servants of Sarutahiko.



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Futami Walking Tour Map

Futami is a town with friendly residents and lots of scenic sites, and its entire area is officially part of Ise Shima National Park. Please visit a wide variety of shops and sight-seeing spots to enjoy encounters with people and things in the town.

Walking time
About 1 hour and a half

Walking Route to the Beach via Omotesando Street

JR Futaminoura Station	15 minutes
Mishiodono Jinja	
Futamiura Beach	35 minutes
Futami Okitama Jinja Meoto-iwa	10 minutes
Hinjitsukan	
Meoto-iwa Omotesando Street	30 minutes
JR Futaminoura Station	

Walking time
About 30 minutes

Hiking Route to Mount Otonashi

Mount Otonashi Parking Lot	5 minutes
Suspension bridge	10 minutes
Lookout	5 minutes
Ruins of the aerial tramway of Mount Otonashi	10 minutes
Mount Otonashi Parking Lot	

You can enjoy a wide variety of seasonal flowers!



Emergency tsunami shelter
Designated evacuation area
Please go upstairs to the second floor or higher.

6 Ise Sea Paradise



At this aquarium, visitors can fully enjoy extreme closeness with marine animals. Steller's sea lions welcome you at the entrance, and walrus throw kisses to you. You will see even more marine animals, such as cute sea lions and earless seals.

5 Mount Otonashi

You can hike on a mountain trail enjoying a beautiful view of many seasonal flowers around. During walking, you will also hear the murmur of the wind in the trees and the sound of waves from a distance. Before the end of the Second World War, there used to be an aerial tramway to carry people to the top of the mountain.



7 Taikoji Temple



It is generally said that this old Buddhist temple was originally built by a Buddhist monk named "Gyoki" about 1,200 years ago. It is known as a temple having a close connection to animals, such as frogs enshrined at Futami Okitama Jinja, monkeys ("sarui" in Japanese) having something to do with the name of the Shinto deity Sarutahiko and cats believed to be the protectors of the Buddhist scriptures. Nowadays, it even prays for health and longevity of pets and holds memorial services for them.

8 ISE AZUCHIMOMOYAMA BUNKAMURA Cultural Village



At this amusement park, visitors will see a full-size replica of Azuchi Castle as well as attractive historical streetscapes. There is even a theater to enjoy historical plays performed by actors playing the roles of *ninja*, *oiran* (courtesans), etc. You can also have fun at many other facilities including a labyrinth.

9 Minwa-no-Eki Somin



Minwa-no-Eki Somin is a shopping area to sell a wide variety of local specialty products such as handmade *mochi* (Japanese rice cake) made from locally-grown ingredients. Its fish shop is especially popular, and shoppers stand in line even before its opening hours. Next to the shopping area, there is an iris garden where about 40,000 iris flowers representing 100 species reach full bloom from early to mid-June.

Map Symbols

- Shinto shrine
- Buddhist temple
- Hotel & Inn
- Bus stop
- Parking lot
- Restroom (toilet)
- Multipurpose restroom
- Convenience store
- Tourist information center
- Photography spot
- Restaurant or cafe
- Information board
- Bank / Exchange
- ATM / Cashing (Foreign card)
- Free Wi-Fi



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 [Phone] 0596-21-5566 [Fax] 0596-21-5522
 [E-mail] kanko-sinko@city.ise.mie.jp
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Enjoy yourself fully in Futami!

Recommended Spots & Seasonal Events

1 Poem Monument of Saigyō A-2



Saigyō (1118 - 1190) was a *waka* (classical Japanese poetry) poet in the Heian period (794 - 1185). One of the poems he composed has been inscribed on this monument. He lived on Mount Anyozan in Futami for six years in his sixties.

2 Poem Monument of Bashō A-3



Matsuo Bashō (1644 - 1694) was a *haiku* (a short form of classical Japanese poetry) poet from Iga-Ueno. As a poet, he was active especially in the Genroku era (1688 - 1704) that is considered to be the golden age of the Edo period (1603 - 1868). He visited Futamiura Beach because it was one of the places related to Saigyō, a *waka* poet whom he admired.

3 Ama-no-Iwaya A-4



This shrine is located on the grounds of Futami Okitama Jinja. It enshrines the rock cave where Amaterasu, the supreme deity of Japanese mythology, might have hidden herself.

4 Ryugusha A-4



This shrine was constructed on the grounds of Futami Okitama Jinja in 1792, and has enshrined two Shinto deities including Ryujin (Dragon God) that are known as the protectors of the sea. Therefore, it has been visited by worshippers of Ryujin from all over Japan.

5 Kikko-jizo B-2



This stone statue of Jizo (Ksitigarbha) is situated on the grounds of a small shrine called "Chaya-koshindo." It has been a target of worship due to its alleged mystical power to relieve tooth pain.

Highly recommended! Kai-meshi B-1



Kai-meshi (clam rice) is a new local specialty of Futami that is often sold as a *bento* (boxed lunch) when an event is held. At Taichiya (see A-2), you can enjoy it for lunch. You should definitely try it!

Recommended Sweets

You can enjoy these specialty confections at the shops where they are made. You should definitely come and try them. (^_^)

Kuya Kansuke-mochi A-3



Kuya Kansuke-mochi is a Japanese sticky rice cake (*mochi*) that is made of beautiful grains of rice and has a very soft texture. Suzuki Suishoken is a long-established Japanese confection shop with a history of over 100 years, and this *mochi* was named after its second shopkeeper named "Kansuke."

Shio-yokan A-3



Yokan is a Japanese jellied dessert made of red bean paste, agar and sugar. *Shio-yokan* is a type of additive-free *yokan* made using the brand-name salt called "Iwato-no-Shio" from the sea of Futami as well. It goes well with sake as well as green tea.

Akafuku-mochi B-1



As everybody in Japan knows, Akafuku-mochi is a very popular local specialty. At the Futami branch of Akafuku, you can enjoy very fresh *mochi* that are topped with sweet bean paste and served with fragrant green tea in a relaxed atmosphere.

Ofuku-mochi B-1



Ofuku-mochi tastes very delicious because of its mild sweet bean paste. In the kitchen of the shop, it is made by hand work by the *mochi* artisans called "antsuke-san."

Sakamoto-manju B-1



Manju is a Japanese steamed bean-jam bun. Sakamoto-manju is a type of *manju* composed only of homemade sweet bean paste made from azuki beans grown in Hokkaido and dough made by natural fermentation using *koji* (fermentation starter). The fragrant amazake (sweet sake) and sweet bean paste go well together.

Shell Leines C-1



Shell Leines are madeleines that were served at the G7 Ise-Shima Summit when the leaders of the summit countries took a coffee break. They contain natural pearl calcium extracted from pearl oysters.

Highly recommended! Butaman B-1



Butaman are steamed pork buns that are made and sold by Wan and loved by people in Futami because of their juiciness. Besides, Wan's Kuri-anman (steamed bean-jam buns with chestnut) are also increasing their popularity.

One-Day Bathing Tour

Refresh yourself with a warm bath. (Note: these bathing facilities may be unavailable when they are in use by overnight guests.)

Chokoen A-1



This *ryokan* is famous for its seawater bath. You can even enjoy a panoramic view of the sea of Futami while taking a bath. (Available from 16:00 to 21:00)

Hotel Seikai A-4



This hotel is the only place where you can enjoy a bath with natural hot-spring water from the Futami area. The hot-spring water here is believed to have efficacy for the relief of neuralgia, muscle pain, etc. (Available from 15:00 to 21:30)

Maruya B-2



This *minshuku* uses hot-spring water from a hot-spring resort called "Hakusanso Onsen" for its bath. The bath water here is believed to be efficacious for skin beautification. (Available from 16:00 to 22:30)

Hina-ningyo Tour in Futami A-4



"Hina-ningyo" are traditional Japanese ornamental dolls displayed for the celebration of Hina-matsuri, Japan's Doll Festival held on March 3. More than 6,000 dolls are displayed at many *ryokan* and various different facilities in Futami. Visitors can also enjoy collecting stamps and joining various events. (Early February to early March)

Japanese Wisteria Festival B-4



The Japanese Wisteria Festival is annually held at Taikoji Temple when Japanese wisteria flowers on its grounds are in full bloom. Visitors can also enjoy *takenoko-gohan* (bamboo rice) at the festival. (Late April to early May)

Futamiura Swimming Beach A-1



In 1882, Futamiura Beach opened as the first government-designated swimming beach of Japan. (Late July to August)

Oshimenawa-shinji A-4



Oshimenawa-shinji is a Shinto ritual performed to replace the sacred straw ropes called "shimenawa" that connect the two rocks of Meoto-iwa (Wedded Rocks). It is surely worth seeing especially in December because people dare to perform it in spite of the cold winds and raging waves in the middle of winter. (May 5, September 5 and mid-December)

You can make many discoveries.... It is definitely fun to try finding these things in Futami!

Shimenawa (sacred straw ropes)
The doors of many houses in the Ise-Shima area are decorated with shimenawa throughout the year.

There are many frog statues in Futami! You should try finding them!

Manhole covers
Meoto-iwa (Wedded Rocks) are engraved on the manhole covers in Futami!

Frog

Red hippopotamus

Ladybug

Alligator

These objects are located somewhere in the pine forest along Futamiura Beach. Are you able to find all of them?

Access

JR (Rapid train "Kaisoku Mie")
Ise Station About 6 minutes Futaminoura Station About 9 minutes Toba Station

Can Bus Free Wi-Fi available

Futamiura Omotesando Street (bus stop in front of the building of the Futamiura Tourist Information Center)	About 5 minutes	About 2 minutes
For Ise	For Toba	
ISE AZUCHIMOMOYAMA BUNKAMURA Cultural Village	Ise City Futami Branch Office	About 4 minutes
Sun Arena	Meoto-iwa East Entrance and Ise Sea Paradise	About 2 minutes
Naiku	Minwa-no-Eki Somin	About 10 minutes
Kintetsu Isuzugawa Station	Ikenoura	About 8 minutes
Geku	Toba Bus Center	About 3 minutes
Ujiyama Station	Toba Aquarium and Mikimoto Pearl Island	

Taxi

From JR Futaminoura Station To Ise Station, Ujiyama Station, Naiku or Geku About 20 minutes
To Toba Station About 14 minutes

Meitetsu Taxi [Phone] 0596-28-8221 (or 0120-348-221)
Sanko Taxi [Phone] 0596-28-2151 (or 0120-350-094)

Morning Walk



The sun rises between the two rocks of Meoto-iwa (Wedded Rocks) around the summer solstice. You can feel the morning light catching breezes from the sea. It is also fun to walk through the pine forest along the beach.



Positions of the sun rising in the morning

Night Walk



Meoto-iwa (Wedded Rocks) give a somewhat different impression when it is dark. That is because they are illuminated during the night. In addition, the stone lanterns and street lamps along the streets of Futami help create a magical atmosphere in the area. The moon rises between the two rocks of Meoto-iwa around the winter solstice.



Omotesando Street illuminated with beautiful light of the stone lanterns