



Ama's sunshine smile welcomes you

500 or more out approx. of $2{,}000$ women divers in Japan live in Toba.

Meet, chat and laugh with breezy women of the sea.

Toba Sea-Folk Museum

The museum features nearly 60,000 materials of oceanic culture with focus on ama culture, along with fishery, wooden boats, festivals, and sea's environment. Its innovative wooden building has been awarded the Prize of AIJ (Architectural Institute of Japan).

TEL: 0599-32-6006

Address: 1731-68 Ogitsu, Uramura-cho, Toba-City

Access: Take Kamome Bus from Toba Sta.,
get off at Hakubutsukan, and walk for in a minute.

EXPERIENCE

Ama hut visit

"Ama-goya" is a cabin where amas rest to warm themselves up. Enjoy fresh seafood grilled in irori fireplace and a chat with currently working amas.

■Osatsu Kamado Mae-no-hama/Ozego-san

TEL: 0599-33-7453 (Osatsu Ama Bunka Shiryokan) Address: 1238 Osatsu-cho, Toba-City Access: Take Kamome Bus from Toba Sta., get off at Osatsu, walk for approx.10 min.

■Ama-goya Hachiman Kamado

TEL: 0599-33-1023(Reservation Center) Address: 3-3 Adako-cho, Toba-City Access: Take Kamome Bus from Toba Sta., get off at Adako-guchi, walk for approx. 6 min.

■Toshijima Shimanotabisha Ama-goya

TEL: 0599-37-3339 (Shimanotabisha) Address: 943 Toshi-cho, Toba-City

Access: Walk from Toba Sta., to Toba Marine Terminal. Take Municipal Liner to Toshiko Harbor, walk for approx. 3 min.

WORSHIP

Ama Kazukime Shrine

Ama Kazukime Shrine enshrines legendary ama named Oben, who dedicated an abalone to Emperor's Princess, Yamatohime-no-mikoto.

This shrine is regarded as having divine favor in preventing dizziness during diving, and is worshiped by local amas and divers nation-wide.

TEL: 0599-25-1157 (Toba Tourism Division) Address: 312 Kuzaki-cho, Toba-City Access: Take Kamome Bus from Toba Sta., get off at Kuzaki, walk for approx. 5 min.

Stroll about Osatsu Area

Osatsu Area has many ama-related sites. Stroll about the area and see their culture.



Osatsu Ama Bunka Shiryokan

Learn about the town history, living of ama, and how they collect food in deep sea. The center features ama tools, iso-gi or diving kimono, and experience workshop of scraping abalone with a special chisel.

TEL: 0599-33-7453

Address: 1238 Osatsu-cho, Toba-City
Access: Take Kamome Bus from Toba Sta.,
get off at Osatsu, walk for approx. 2 min.



Shinmei Shrine, Ishigami-san

Ishigami-san is a modest shrine by the approach to Osatsu's guardian shrine, Shinmei Shrine.

It is believed to "make one wish to come true for a woman," and has been worshiped by amas from old ages. Today, it is regarded as a "power spot" where many women visit from all over Japan.

TEL: 0599-33-7453(Osatsu Ama Bunka Shiryokan) Address: 1237 Osatsu-cho, Toba-City Access: Take Kamome Bus from Toba Sta., get off at Osatsu, walk for approx. 7 min.



Gozaya

This souvenir shop & cafe is located by the approach leading to Ishigami-san.

Besides ama souvenirs, the shop in reformed 80 year-old folk house with nostalgic interior displays historical items related to ama.

TEL: 0599-33-6770

Address: 1406 Shinmei Jinja Sando, Osatsu-cho, Toba-City
Access: Take Kamome Bus from Toba Sta., get off at Osatsu,

walk for approx. 5 min.

(About Ama)

Ama is a woman who skin-dives in the sea and collects food like abalones, turban shells and seaweeds.

Their existence can be traced back to 2,000 years ago as a number of abalone shells and tools called "awabi-okoshi (abalone scraper)" made of deer horn were found at Shirahama archaeological site of Jomon and Yayoi Period. Today, about 500 out of approx. 2,000 ama in Japan reside in Toba and still dive for living.

[Ama's Tools]



"Iso-nomi"

Chisel to scrape abalone from rocks without hurting them.

There are a variety of iso-nomis in length and size to use suitably by location.

"Iso-megane

Diving goggle which became popular in Mid-Meiji Era. Now, far-sighted and near-sighted types are also available.



"Tanpo"

Float ring with net to keep collected sea urchins and turban shells, and to rest holding on to it.

Protection symbols for ama





Doman/Seman symbols are marked on ama's diving-kimono, towel, and chisels to protect them from misfortune at the sea.

Conserving ama culture

Ama is a professional diver who dives without any equipment to collect abalones and turban shells. Their way of fishing is simple but requires patience, and it has been conserved and passed on as a living culture from the ancient times to the present. In 2014, the value of "Traditional skin-diving skill of ama in Toba/Shima" was acknowledged and designated as an intangible folklore cultural asset of Mie Prefecture. Ama culture is a prideful heritage of Japan, and now has moved a step forward to be added to UNESCO's Intangible Cultural Heritage list.



3



Father of Cultured Pearl

Kokichi Mikimoto (1858-1954)

Kokichi Mikimoto is the World's Pearl King who was born in Toba and loved Toba. He succeeded culturing pearls for the first time in the world in 1893 and exhibited his nearls in many world exhibitions

He was a man with global perspective, and broadly introduced the beautiful nature of Ise-Shima area as well as the charm of pearls. He has left many humorous words of wisdom, also,





Town where pearls were born

Toba is a place where Kokichi Mikimoto cultured pearls for the first time in the world. Let the elegant beauty of pearls take you away.



Pearl Theme Park

Mikimoto Pearl Island

Island where pearls were born for the first time in the world.

Enjoy a day on the island visiting Pearl Museum and Kokichi Mikimoto Memorial Hall, shopping pearls, and watching ama dive and fish in traditional white diving kimono.

TEL: 0599-25-2028

Address: 1-7-1 Toba, Toba-City

Access: From Toba Sta., approx. 5 min. walk.



Celebrate the 30th wedding anniversary,

The Pearl Wedding Anniversary

The 30th wedding anniversary is called "pearl anniversary."

You can have a Pearl wedding ceremony on the 30th of each month (excluding February and December) in a chapel in Toba city, the birthplace of pearls and the town of wedded love.

TEL: 0599-25-3019 (Toba City Tourist Association)

3 PLACES TO VISIT

1 Come and visit Toba Aquarium where we proudly exhibit the largest number of species of marine life in Japan!



Toba Aquarium

Toba Aquarium is the only aquarium in Japan that keeps dugongs. Come and see our cheeful sea otters and capybaras and enjoy exciting shows by our seals and

TEL: 0599-25-2555 Address: 3-3-6 Toba, Toba-City Access: From Toba Sta., approx 10 min. walk.

2 Have fun with dolphins! Toba Bay Cruising & Dolphin Island

Approx. 50 min. cruise sails through a scenic bay area of Toba. The boat also calls at Irukajima where you can touch dolphins and see dolphins and seals to jump and dive in the show. You can even go fishing!

TEL: 0599-25-3145(Shima Marine Leisure, Toba Office)

Address: 1-2383-51 Toba, Toba-City Access: From Toba Sta., around approx. 10 min.

walk (Toba Marine Terminal)





Buy varieties of seasonal seafood and farm-goods harvested in Toba and Shima area, directly from the fishermen and farmers. Try any ready-made dishes, they are fresh and tasty! The attached restaurant serves Toba's local cuisine in buffet style.

TEL: 0599-21-1080

Address: 1-2383-42 Toba, Toba-City

Access: From Toba Sta., approx. 2 min. around walk.

Town blessed with sea harvests The sea of Toba, where the Black Current and the sea water of Ise Bay meet, is blessed with seafood. Fill yourself up on delicious fish and shells harvested from the sea.

Iwaizakana(celebration fish) of Japan

Japanese regard "Ise-ebi (lobster)," sea bream, and abalone as celebration food, and in Toba, where these foods are reaped plentifully, call them "Iwaizakana(celebration fish) of Japan".



鳥羽

Iseebi

[lobster]

As lobsters have long barbel which looks like a beard and bent posture, they are regarded as a symbol of "longevity."

With gorgeous looking, they are often used for New Year's decorations and precious gifts.



Tai

(sea bream)

As the fish name, "Tai" appears in a word "omedetai (meaning celebrative)," tai is a fish that Japanese always serve in celebrating occasions like wedding, entrance to school, and New Years. Their noble figure and beautiful coral color have always convinced the Japanese, from ancient times, to bring good fortune.





[abalone]

Abalones have been dedicated to Grand Shrine of Ise as "Noshi-awabi," or stretched and dried strips of abalone.

Legend says a healthy baby with beautiful eyes will be born when a mother eats an abalone while she is pregnant, and it is regarded as a lucky food for safe delivery.



(Toba Hot Spring) Relax TOBA ONSEN-GO Spa Village

9 hot-spring spas located along the Pacific coast of Toba are collectively called "Toba Onsen-go Village."





Four inhabited remote islands

The time passes slow on the island, making visitors feel unwind and at home. Off the coast of Toba Bay, there sit four islands each with unique history, culture, and food.



Kamishima

Kaimishima is the stage for "The Sound of Waves," a pure love story between a young fisherman and ama on the island, written by Yukio Mishima.



Toshijima

Toshijima is the largest island among four, and has very attractive scenery, seafood, and history.



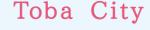
Sugashima

The island is famous for "Sugashima Lighthouse," the oldest existing brick-built architecture in



Sakatejima

It is a peaceful island with hundreds of water iris blooming in city-designated natural treasure, Ayame-ike.



• Municipal flower, tree, bird

Municipal flower: Hama-nadeshiko (fringed pink) Municipal tree: Yamato Tachibana (citrus tachibana) Municipal bird: Kamome (Seagull)

• Population/Households (as of 2014)

Total: 20.657: Males: 9.750: Females: 10.907

Households: 8.441

Number of Visitors/Overnight Guests (Reference: Tourism Division 2014)

Visitors: 4.426.539

Overnight Guests: 1.861.065

Sister/Friendship Cities

Sister City: Santa Barbara, U.S.A. Friendship City: Sanda-City, Hyogo Pref.



108.05 km²

• Climate (as of 2014)

Average temperature: 15.3℃ Annual precipitation: 2,219.5mm

Remote Islands

Kamishima (Area: 0.76km² Coastline: 3.9km) Toshijima (Area: 6.98km² Coastline: 26.3km) Sugashima (Area: 4.52km² Coastline: 13.0km) Sakatejima (Area: 0.51km² Coastline: 3.8km)







in your own language. QR Translator







